

# Package: PanicModel (via r-universe)

May 31, 2026

**Type** Package

**Title** A Computational Model of Panic Disorder

**Version** 0.1.0

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**Description** This project contains the computational model developed  
and evaluated in ``Advancing the Network Theory of Mental  
Disorders: A Computational Model of Panic Disorder" (preprint:  
<<https://psyarxiv.com/km37w/>>). It can be used to simulate data  
from the model in order to evaluate its behavior under a range  
of conditions and derive model predictions.

**License** GPL (>= 2)

**Encoding** UTF-8

**LazyData** true

**Repository** <https://ykunisato.r-universe.dev>

**Date/Publication** 2024-05-31 14:33:56 UTC

**RemoteUrl** <https://github.com/jmbh/PanicModel>

**RemoteRef** HEAD

**RemoteSha** 54e05c4fca8026969d4f1ac259906ab1cb4998a3

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 simPanic

*simPanic: a computational model of panic disorder*


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### Description

The simPanic function contains a computational model of panic disorder as described in "Advancing the Network Theory of Mental Disorders: A Computational Model of Panic Disorder" (<<https://psyarxiv.com/km37w/>>).

### Usage

```
simPanic(time, stepsize=NULL, parameters = NULL,
         initial = NULL, tx = NULL, pbar = TRUE)
```

### Arguments

time	An integer vector specifying the sequence of time steps to be simulated. For example, 0:60 will perform the simulation for 60 time steps (0 through 60). 1 time step corresponds to 1 minute of simulated time.
stepsize	A numeric value specifying the step size to be used in Euler's method for numerical integration. Smaller step size allows for a better approximation but is more computationally intensive. Defaults to stepsize=0.01.
parameters	A list specifying the parameters used for the model equations. The full list of default parameters can be found in '/R/Defaults.R'.
initial	A list specifying the initial values for all model components. The full list of default parameters can be found in '/R/Defaults.R'
tx	A list specifying the timing of 5 intervention components (I1-I5). I1 specifies the timing of psychoeducation targeting arousal schema (S). I2 specifies the timing of psychoeducation targeting escape schema (X). I3 specifies the timing of cognitive restructuring targeting arousal schema (S). I4 specifies the timing of interoceptive exposure. I5 specifies the timing of in vivo exposure. If unspecified, interventions are not delivered.
pbar	A logical value specifying whether to display a progress bar. Defaults to pbar=TRUE

### Value

The simPanic function will produce an list with three elements:

input	A list of the initial values and parameters used in the simulation
adherence	A vector indicating whether each assigned exposure exercise was completed (0=Not Completed; 1=Completed) when exposure therapy is administered.
outmat	A matrix of simulation results where rows are time steps and columns are model components or parameters

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**References**

Robinaugh, D., Haslbeck, J., Waldorp, L., Kossakowski, J., Fried, E.I., Millner, A., McNally, R.J., van Nes, E.H., Scheffer, M., Kendler, K.S. and Borsboom, D. 2022. Advancing the network theory of mental disorders: A computational model of panic disorder. <<https://psyarxiv.com/km37w/>>

**Examples**

```
## Not run:

# 60 "minute" simulation with default initial values and parameters

simPanic(time = 0:60)

# 120 "minute" simulation with specified initial values and parameters

initial_specified <- list("S" = 1)
parameters_specified <- list("A" = list("r_A" = 0.55))
simPanic(time = 0:120, initial = initial_specified, parameters = parameters_specified)

# 60 "minute" simulation with specified initial values and a perturbation to arousal

perturb_time <- 10
perturb_strength <- 0.60
parameters_specified <- list("Tx" = list("minuteP" = perturb_time, "strengthP" = perturb_strength))
initial_specified <- list("S" = 0.60)
simPanic(time = 0:60, initial = initial_specified, parameters = parameters_specified)

# 5 week treatment simulation

baseline_weeks <- 0
baseline_days <- 1
tx <- list("I1" = baseline_days+baseline_weeks*7+c(1),
          "I2" = baseline_days+baseline_weeks*7+c(1),
          "I3" = (baseline_days+baseline_weeks+(1:2)*7)+c(1),
          "I4" = (baseline_days+baseline_weeks*7)+7+(1:(7*4)),
          "I5" = baseline_days+(baseline_weeks+3)*7+(1:14)[rep(c(TRUE, TRUE), 7)])
parameters_specified <- list("Tx" = list("I123_alpha" = rbeta(n = 1, 1, 9),
                                       "I4Adh" = rbeta(n = 1, 2, 2/3),
                                       "I4RdEs" = rbeta(n = 1, 2, 2/3)))
initial_specified <- list("S" = 0.80, "X" = 0.20)
time <- 0:(60*24*7*5)
simPanic(time = time, parameters = parameters_specified, initial = initial_specified, tx = tx)
```

## End(Not run)

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